



# Department of Public Health

## MAYOR

Dee Margo

## CITY COUNCIL

### District 1

Peter Svarzbein

### District 2

Alexsandra Annello

### District 3

Cassandra Hernandez

### District 4

Dr. Sam Morgan

### District 5

Isabel Salcido

### District 6

Claudia L. Rodriguez

### District 7

Henry Rivera

### District 8

Cissy Lizarraga

## CITY MANAGER

Tommy Gonzalez

## COVID-19 Release from Home Isolation Guidelines

The City of El Paso Department of Public Health (DPH) is adapting the current document from the Centers for Disease Control and Prevention (CDC) guidelines for releasing COVID-19 positive individuals from voluntary home isolation.

The DPH is recommending and utilizing the time-since-illness-onset and time-since-recovery strategy (non-test-based strategy) as the most appropriate and conservative approach in instituting release from home isolation guidelines for persons under monitoring in El Paso, Texas.

**Persons who have COVID-19 (COVID-19 Lab Confirmed) and were directed to care for themselves at home may discontinue home isolation under the following conditions:**

- **Symptomatic Patients (COVID-19 Lab Confirmed)**
  1. At least 14 days from initial onset of symptoms, **AND**
  2. At least 3 days (72 hours) without fever and not using any fever reducing medications, **AND**
  3. Almost complete resolution of other symptoms (e.g., cough, shortness of breath, etc.).
- **Asymptomatic Patients (COVID-19 Lab Confirmed)**
  1. At least 14 days from Lab confirmation of infection, **AND**
  2. No symptoms.
- **Symptomatic Household members of a patient who have COVID-19 (COVID-19 Lab Confirmed):**
  1. At least 14 days from initial onset of symptoms, **AND**
  2. At least 3 days (72 hours) without fever and not using any fever reducing medications, **AND**
  3. Almost complete resolution of symptoms. At least 3 days (72 hours) have passed since recovery defined as resolution of fever without the use of fever-



# Department of Public Health

---

## **MAYOR**

Dee Margo

reducing medications and improvement in respiratory symptoms (e.g., cough, shortness of breath, etc.).

---

## **CITY COUNCIL**

### **District 1**

Peter Svarzbein

- **Asymptomatic household members of patients who have COVID-19 (COVID-19 Lab confirmed):**

### **District 2**

Alexsandra Anello

1. At least 14 days from Lab confirmation of infection of household member, AND

### **District 3**

Cassandra Hernandez

2. No symptoms.

### **District 4**

Dr. Sam Morgan

### **District 5**

Isabel Salcido

### **District 6**

Claudia L. Rodriguez

### **District 7**

Henry Rivera

### **District 8**

Cissy Lizarraga

---

## **CITY MANAGER**

Tommy Gonzalez